“Lifted Café” uses the freshest ingredients available to offer a delicious variety of foods. Everything we make is “made to order”, so while it might take a little longer to get your order, we think the end result is worth it. For individuals in a hurry, feel free to call ahead and we will have your order waiting for you!

All items are available to eat in or take out!

We will cater any event and work with any budget!!!

Hours
Monday through Thursday
7:30 a.m.—6:30 p.m.
Friday 7:30 a.m. — 2:00 p.m.

Western Nevada College
Aspen Building in Sedway Cafe
2201 West College Parkway
Carson City, NV 89703

We accept Checks, Cash and Paypal

There is an ATM located at the front of the Cafe

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**BEVERAGES**

<table>
<thead>
<tr>
<th>Extra Flavor, Espresso Shots or Soy Milk</th>
<th>$0.50</th>
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</thead>
</table>

<table>
<thead>
<tr>
<th>Beverage</th>
<th>12 Ounce</th>
<th>16 Ounce</th>
<th>20 Ounce</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot Coffee or Tea</td>
<td>$1.40+</td>
<td>$1.60+</td>
<td>$1.80+</td>
</tr>
<tr>
<td>Latte or Cappuccino</td>
<td>$2.50+</td>
<td>$2.85+</td>
<td>$3.20+</td>
</tr>
<tr>
<td>Americano</td>
<td>$2.25+</td>
<td>$2.75+</td>
<td>$3.15+</td>
</tr>
<tr>
<td>Mate Chai Latte</td>
<td>$2.50</td>
<td>$2.85</td>
<td>$3.20</td>
</tr>
<tr>
<td>Mate Latte</td>
<td>$2.75</td>
<td>$3.25</td>
<td>$3.75</td>
</tr>
<tr>
<td>Hot Chocolate</td>
<td>$1.75</td>
<td>$2.25</td>
<td>$2.50</td>
</tr>
<tr>
<td>Espresso Specialty Drinks</td>
<td>$2.75</td>
<td>$3.35</td>
<td>$3.95</td>
</tr>
</tbody>
</table>

**Coffee Bar and Smoothies**

**Breakfast-Lunch-Dinner**

**We Use Alpen Sierra Coffee**

**Phone:** 775-445-3254

**E-mail:** lifted@wnc.edu
BURGERS
1/3 pound burgers come with lettuce, tomato and sauce. Onions available upon request. Add drink or side $1.00

Plain Jane $4.50
Add cheese $0.50

Black and Blue- Blackened burger w/ blue cheese and crisp bacon $4.25

Southwest- Topped with guac, salsa, pepperjack cheese and roasted green chilies $5.95

Mushroom Swiss Add bacon $0.75

Cali Burger Topped with Swiss, avocado, sprouts, grilled mushrooms and sun-dried tomato aioli $5.95

Patty Melt- With grilled onions, cheddar and sauce on grilled Rye bread $5.95

Salmon Burger Grilled salmon patty with pineapple, avocado, sprouts, tomato and red onion $5.75

SANDWICHES
Add drink or side $1.00

BLT- Applewood smoked bacon, mayo, lettuce and tomato. Your choice of bread. Need we say more? Add Avocado $5.50

Grilled Cheese- Choice of bread and cheese $3.00

Tuna Melt- Our house made tuna salad with melted provolone, lettuce and tomato on choice of bread $5.50

Pesto Chicken Sandwich Grilled chicken, pesto aioli, lettuce, tomato and melted provolone $5.95

Grilled Chicken Club With melted Swiss, crisp bacon, avocado, lettuce, tomato and sauce $4.25

Pulled Pork- Braised pork with tangy BBQ on white or wheat bun $4.25

Veggie Delight Hummus, avocado, sprouts, tomato, onion, cucumber, Feta and lemon poppy seed vinaigrette on a white or wheat pita $5.00

Joe Sandwich Whole $5.50
Ham, Turkey, Roast Beef or Tuna on choice of bread with lettuce, tomato, Dijon, Mayo and choice of cheese $2.95

Blue Law Wrap- Grilled Tri tip, blue cheese crumbles, grilled red onion, lettuce, tomato and raspberry vinaigrette in choice of tortilla $6.25

Snack Wrap- Roast Chicken or Steak with cheddar, ranch, bacon, sprouts, tomato and peppers in choice of tortilla $3.95

Turkey Pesto Wrap- Grilled turkey, pesto aioli, spinach, tomato, feta and kalamata olives $5.95

Steak Philly- Grilled Tri tip with peppers, onions and melted Provolone on a French Roll $6.25

BBQ Chicken- Roasted chicken braised in BBQ sauce with cheddar cheese on white or wheat bun $4.25

Beef Dip- Tender grilled roast beef with melted Swiss, grilled onions and mushrooms, roasted garlic horseradish cream and jus $6.50

Buffalo Chicken- Buffalo style chicken tenders with melted pepper-jack, blue cheese dressing, lettuce and tomato on a French roll $6.50

SOUP AND CHILI
Cup $2.95 Bowl $3.95
Cup and a small salad $4.95
Cup and a half a Joes Sandwich $5.95

SIDES
$1.50 small $2.50 large
Fries, Potato Salad, Fruit, Green Salad, Chips and Salsa, Veggies and Hummus, Pita Chips, Tater Tots