



Western Nevada College

COURSE SYLLABUS

NURS 261: Nursing Care of the Woman, Newborn, and their Families from Conception through Neonatal stage

Spring 2018

Instructor

Heather Reardon MSN, RN

Course Description:

| | |
|--------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Number of credits: | 2 (30 clock hours) |
| Course grading: | This is a graded course (A-F). Please refer to the WNC Nursing Student Handbook for additional information and grade scale. |
| Prerequisite: | Successful completion of the first year of the Nursing program and advancement to the second year. |
| Co-requisites: | NURS 262 clinical/laboratory component. Students must pass the entire NURS 261/262 series in order to continue in the nursing program. |

I. Course Description

Focuses on basic concepts of nursing associated with care of the family experiencing pregnancy, birth, and the care of children. The course incorporates knowledge of normal patterns of growth and development, health promotion, and disease prevention strategies. Students analyze care of patients with common health disruptions while continuing to develop the competencies of judgement, use of evidence-based practice, application of principles associated with professional identity, and the nurturing of a spirit of inquiry within the organizing framework of the nursing process.

II. Course Objectives

Upon completion of this course the student will be able to:

1. Relate the foundational knowledge gained in pre-requisite and first year nursing courses to the care of maternal and newborn patients and their families. (ISLO 1)
2. Coordinate the use of pharmacologic and non-pharmacologic nursing interventions in the care of the maternal and newborn patient. (ISLO 7)
3. Analyze the evidence that underlies clinical nursing practice in the maternal and newborn settings. (ISLO 1)
4. Model clinical judgement in the provision of nursing care for maternal and newborn patients grounded on principles of growth and development. (ISLO 7)
5. Support patients and their families in the right to self-determination and continued growth as human beings. (ISLO 7)

6. Anticipate the needs of maternal and newborn patients and their families which often occur in the community setting. (ISLO 7)
7. Employ the principles of integrity, responsibility, ethics, and caring in the development of one's own professional identity. (ISLO 7)
8. Interpret outcomes related to patient safety and efficacy of care using local, regional, national, and international data, practice standards, and evidence-based practice. (ISLO 7)
9. Analyze bio/psycho/social/cultural and spiritual needs that influence the childbearing family. (ISLO 1)

III. Nursing Program Outcomes (NP SLO)

Upon successful completion of the nursing program, the student will be able to:

1. Incorporate principles from the bio/psycho/social sciences, mathematics, humanities, and nursing in the provision of patient care.
2. Apply the nursing process in a caring manner to safely meet the holistic needs of patients across the lifespan.
3. Utilize a broad range of communication skills to promote understanding.
4. Utilize a spirit of inquiry to integrate current evidence-based guidelines and nursing science when making clinical practice decisions.
5. Apply concepts of caring, cultural sensitivity, and respect for all persons.
6. Apply concepts of teaching and learning to empower patients and families to effectively manage healthcare.
7. Incorporate principles of collaboration and teamwork with patients, families, and the health care team to achieve patient-centered care.
8. Provide and manage care that reflects values of nursing within professional standards and legal parameters of the profession

IV. Western Nevada College Institutional Student Learning Outcomes (ISLO)

Upon completing a degree at WNC, students must demonstrate:

1. **WORKING KNOWLEDGE**– Identify, describe, and apply information, theories, methodologies and approaches from the sciences, social sciences, and humanities/arts.
2. **WRITTEN COMMUNICATION** – Write effective projects, papers, and reports.
3. **QUANTITATIVE LITERACY** – Present accurate calculations and symbolic operations, and explain how such calculations and operations are used in either the specific field of study or in interpreting information in other fields.
4. **INFORMATION LITERACY** – Locate, evaluate, and appropriately use information from multiple resources to complete projects, activities, and papers.
5. **DIVERSITY AND SOCIETY** – Describe diverse historical and/or contemporary positions on selected democratic values or practices.
6. **CRITICAL THINKING** – Integrate knowledge and skills from the study of sciences, mathematics, social sciences, and the humanities/arts to think critically about and develop solutions to contemporary and/or enduring problems.
7. **CAREER PREPARATION** – Identify, describe, and apply information in the discipline or career area of their choice sufficient for further study and/ or demonstrate competencies required to succeed in the workplace.

Faculty

Heather Reardon MS, RN

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| Office Location: | Cedar 230 |
| Office Phone: | (775) 445-4413 |
| Email Address: | Heather.Reardon@wnc.edu |
| Fax: | (775) 445-4443 |

Office Hours

Faculty office hours will be posted on the faculty member's office door/window during the first week of the regular semester.

Contact

Please direct any questions you may have regarding this course, the grading methods, test-taking, required minimum standards, or any other concerns to your course instructor. You may choose to contact the faculty member by office phone, Canvas messages, or through WNC e-mail. Students can expect a prompt reply when contacting during scheduled office hours; typically, within 24hrs. When contacting outside of scheduled office hours PLEASE allow up to a 24hr response time from the next regularly scheduled office hour. Note that in some cases this may be up to 72 hours-plan accordingly.

Should your concerns require an additional or immediate review, please feel free to contact Dr. Judy Cordia, Division Chair for Allied Health, at Western Nevada College.

Required Textbooks/Resources

- Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D. (2014). *Maternal child nursing care* (5th ed.). St. Louis, MO: Elsevier.
- Elsevier Adaptive Quizzing(EAQ) and Simulation Learning System
- Elsevier HESI Assessment Program

Supplemental Recommended Texts

- Medical surgical, pharmacology, pathophysiology, diagnostic studies and drug handbooks used during the first year of the nursing program may be used as references.

Supplemental Reading

Students will be required to read supplemental readings as assigned on a week-to-week basis by the instructor. These readings, or their associated links, will be provided to the students and/or will be made available to the students through the WNC Library.

NURS 261 WEEKLY COURSE CONTENT OUTLINE

| Week | Date | Readings | Topic | EAQ | Course Work Important Dates |
|------------|----------------------|-----------------------------------------------------------------|--------------------------------------------------------------------------------|---------|----------------------------------------------------------------------------|
| Pre-Load A | | See Pre-Load Reading list | Maternal Child Intro Terminology Basic procedures, labs, medications | 6, 9 | (N262 Medication Cards, Evolve Clinical skills) |
| Pre-Load B | | | Assessments: Pregnancy, Labor, Postpartum, Newborn Basics of Maternal Child | 13, 15 | |
| Pre-Load C | | 6-10 | Antepartum | 7, 8 | Pre-load Worksheet due as an exit ticket on your assigned day of pre-load. |
| 1 | 1/24 | 13-16 | Intrapartum | 14, 16 | Discussion Board #1 |
| 2 | 1/31 | | | | Exam 1 Pre-Load content |
| 3 | 2/7 | 18-20 | Postpartum | 18, 19 | |
| 4 | 2/14 | 22-23 | Newborn | 22, 23 | |
| 5 | 2/21 | | | | Exam 2 Maternal Child Norms |
| 6 | 2/28 | 11-12 | Antepartum Complications | 11, 12 | Discussion Board #2 |
| 7 | 3/7 | 17 & 21 | Intra/Postpartum Complications | 17, 21 | |
| 8 | 3/14 | 24-25 | Newborn Complications (Miss Liz) | 24, 25 | |
| 3/21 | Spring Break ☺ | | | | |
| 9 | 3/28 | | | | Exam 3 Maternal Child complications |
| 10 | 4/4 | 3-5 | Women's Health Across the Lifespan | 3, 4, 5 | Discussion Board #3 |
| 11 | 4/11 | | Guest Lecture-Public Health Dept | | Ethics Paper *(4/8) |
| 12 | 4/18 | Final Exam (80 comprehensive/20 women's Health) time TBD | | | |

TEACHING-LEARNING STRATEGIES:

Student-Centered Learning Opportunities will include:

- Student participation in group discussions and interactive learning project work
- Attendance at lecture presentations by the instructor, guest speakers, and fellow students
- Pre-class assigned reading and review of weekly topics to presented.
- Internet-based supplemental assignments using the on-line portal for the course textbook
- Research-based inquiry and oral presentation of findings
- Written assignments that include a review of current event topics, evidence-based practice, and reflective practice techniques associated with maternal-newborn care
- Collaborative planning and learning focused on teamwork and leadership development
- Case study reviews
- Discussion board posting and participation via the on-line portal for this course

WEB COURSE REQUIREMENTS

This course will utilize regular e-mail and the on-line learning platform, *Canvas*, to provide handouts and communicate with students.

Students will need to have the skills necessary to use the internet and a basic understanding of how to download and print documents from the internet. You should also know how to use a basic word program that will save documents in .rtf or .doc format to type and submit papers via the web.

Instructor Note to Students Regarding the Web Component for this Course

- Regular e-mail and *Canvas* are the main ways we will communicate during this course.
- Most of your assignments will be submitted to me electronically.
- Hard copies of submitted assignments will be returned to students on a limited basis.
- Most of the handouts, outlines and supplemental reading documents will be posted/sent electronically, although there will be some exceptions. Students are expected to print the required weekly forms before each class meeting.
- All e-mail communication for this course will be through regular e-mail. If the instructor feels that the entire class would benefit from the question/answers/comments submitted, the entire class may be included in the correspondence, unless deemed personal/confidential. Please keep all e-communication professional, appropriate, and scholarly.

Canvas Technical Support for Faculty and Students is available 24/7 by phone or Text Chat (855-308-2493). Canvas Help can be accessed by clicking on the "Help" link at the top right on the Canvas home page.

Elements of the Final Grade

Semester grades are calculated based on the total points possible for the entire course. Any additional points earned by students will be added on to the student points earned, only after the student has achieved a 75% average on all exams and a 75% average on all semester assignments.

As in every course in the WNC Nursing Program, the student must earn a 75% average on all examinations. This 75% average is calculated by taking the total number of points earned by the student on each exam divided by the total number of points possible for that exam.

Students who fail to pass the course examinations with an overall average of 75% or higher, will not be allowed to continue in the nursing program. In addition, the student's final grade for the course will be determined by the examination average. Points earned for weekly assignments, attendance, etc, will not be factored into the student's final grade if the student has not met the minimum pass rate of 75% on all examinations.

Every effort will be made to grade the examinations and post the grades in a timely manner. Students should expect to have their grades posted within 48 hours of finishing their exam. If this timeframe cannot be met, faculty will notify students in advance so that students may be aware of grade availability.

Upon posting/informing students of their examination scores, students will have one week to review their exam concepts. This will be accomplished in the presence of the instructor *during regularly scheduled office hours or by appointment only*. Exams and their corresponding answer keys will not be publicly posted for student review following any examination.

Students are strongly encouraged to request a meeting with the faculty member for this course if concerns or questions arise regarding the student's ability to pass examinations at the required minimum of 75%. Please note that to help students successfully complete their courses, the Counseling office on campus will ask faculty for names of students they feel may be in need of additional assistance. A counselor may contact you to offer some ideas. Faculty reserves the right to make recommendations to the Counseling Office at any time during the semester.

If you have a disability for which you will need to request accommodations, please contact the Disability Support Services Office (Carson Campus, Bristlecone Building Room 103) as soon as possible to arrange appropriate accommodations.

***Susan Trist, Coordinator for Disability Support Services: (775) 445-3268) or
susan.trist@wnc.edu***

| FINAL GRADE | | |
|----------------------------------------------------------------------------------|---------------------------------------|---------------|
| Exams | (Must maintain 75% or 336 pts) | 450 |
| • (3) Unit Exams | 100 pts each | 300 |
| • (1) Final (Comprehensive Exam 80/20) 80% comprehensive 20% Women's Health | 100 questions @ 1.5pts each | 150 |
| Assignments | | 250 |
| • Introductory Discussion Board | | 15 |
| • Cultural Awareness Discussion Board | | 15 |
| • Women's' Health & Final Thoughts Discussion Board | | 15 |
| • APA Paper | | 50 |
| • HESI Exam Cumulative | | 35 |
| • HESI Practice Exams (Mat/Child & Pediatrics) | 7.5 each | 15 |
| • Pre-Load worksheet | | 10 |
| • Elsevier Adaptive Quiz (EAQ) o 21 total (lowest 2 scores dropped) | 5 pts each | 95 |
| Final Course Grade (minimum requirement 485=(336exam) + (186assignments)) | | 700pts |

Exams

All Exams for this course will be administered through the Canvas or Evolve Platform.

All material provided to students, all class activities, assigned reading, lecture, lab activities, and clinical activities, and power point outlines are testable on the exams.

The best way to be prepared is to read, do the activities in/out of class, come to class, listen, take notes, ask questions, and participate in every activity available.

Assignments

Discussion Boards

You must participate in 3 weekly discussion postings throughout the semester. I expect an initial posting of at least 150 words (10pts) and one response to a peer of at least 75 words (5pts) for a total of 15pts. The initial posting should be completed by Sunday at midnight with the follow-up response due Wednesday 0800 prior to class.

Topic Specifics & Criterion will be posted on Canvas.

| | | |
|---------------------------------|----------------------|-----------------------|
| Introduction | Initial posting 1/28 | Response to Peer 1/31 |
| Cultural Awareness | Initial Posting 2/25 | Response to Peer 2/28 |
| Women's Health & Final Thoughts | Initial Posting 4/1 | Response to Peer 4/4 |

Ethics Paper

A Research paper in APA formatting is expected to be completed in each Nursing course. Directions and Rubric posted on Canvas. Due date **by** Midnight April 8th.

HESI Integrated testing:

An end of NURS 261 course sequence Maternal Child & Pediatric Exam will be administered. This nationalized comprehensive exam, written at the critical-thinking level, will gauge student competency of Maternal Child & Pediatric Nursing content in preparation for NCLEX success.

HESI practice tests are available throughout the semester with rationale available for all questions. They may be very helpful to enhance your student learning and preparation for the cumulative final.

Following the HESI examination each student will review their color-coded report identifying strengths and weaknesses. If the student meets or exceeds the national score the full 35 points will be awarded. If not, the student has the opportunity to complete remediation based upon the identified areas of weakness. A minimum of 2 hours of remediation must be documented in the HESI system in order to earn 28 points or 80% of the possible points possible for this assignment. This assignment does not count towards the exam points for the course and are entered into the assignments portion of the course points distribution. Must be completed by 8am April 14th.

Evolve Adaptive Quizzing (EAQ) for Perry maternal Child Nursing Care, 5th Edition:

Each weekly EAQ is assigned through Evolve for completion prior to class by 0800. These are quiz questions that are linked to the chapter required readings. Students must meet a **mastery level of 2 (intermediate)** for quiz points to be credited. If not completed prior to class or to a mastery 2 or greater no credit will be awarded. Students must be present in class in order to attain EAQ points. The 2 lowest quiz scores during the semester will be dropped.



Elsevier Adaptive Quizzing for Perry Maternal Child Nursing Care, 5th Edition
COURSE ID 153213_hreardon5_1004

Other Notes of Interest for Grading Procedures

The instructor reserves the right to make changes in the number points or testing methods (which will be discussed with students) as needed during the course of the semester. Examples of this may be the increase or decrease of points on an exam or the switch between paper and computer testing due to room availability or events beyond the instructor's control.

Ground Rules/Policies

Academic Integrity

Please refer to WNC's policies regarding academic integrity, cheating and plagiarism found at <http://www.wnc.edu/policymanual/3-4-5.htm> and in the Nursing Program Student Handbook under Professional Standards.

Audio Taping/Video Taping/Photographing or any of form of copying/saving/storing Course Materials

Course lectures may be audio taped with the expressed permission of the instructor. All materials (audio taped included) are for individual student use only. Instructional materials are the legal possession of Western Nevada College and are not to be distributed for any purpose.

Attendance

Attendance is required per nursing program policy. In NURS 261, attendance will be monitored at every class meeting and will be instrumental in determining the student's final grade for the semester. Please keep the following in mind:

- Class will start on time, breaks will be 10 minutes, and class will end on time.
- Absences over 6 clock hours may result in dismissal from the course.
- You will not receive points for the EAQ (Quizzes) unless you are in class.
- Student absences will be acknowledged by each faculty member to determine if there is an ongoing problem. Absences will be dealt with on a one to one basis between the student and the instructors and Director of Allied Health.

Behavior Policy

Classroom/Online behavior is to be appropriate to a positive learning environment. You are expected to conduct yourself in a professional manner in this course. You should treat all class members with respect and be thoughtful in your own contributions to the class. Refer to the WNC Student Handbook Professional Behavior Policy. If you experience a problem in class, please let the instructor know.

Cell Phone Policy

The use of cell phones during class meeting times is expressly prohibited. Please turn your cell phones off during all class activities. Text messaging and internet use are also prohibited. If the internet is required for a class activity, the instructor will provide lap tops for student use or students may bring their own laptop to complete activities. Please speak with your instructor if you have any questions/concerns regarding cell phone use.

Dress Code

Students are responsible for adhering to the published dress code, as outlined in the WNC Student Nurse Handbook. Please refer to the following table for specific dress code requirements for this course. Note: **Casual dress** may include jeans. Students are cautioned that this privilege may be revoked at any time. Please use discretion in dressing in a manner that is appropriate for a professional academic setting.

See Next Page →

Dress Code Continued...

| <i>Site</i> | <i>Name Badge</i> | <i>Lab Coat</i> | <i>Student Uniform</i> | <i>Professional Attire</i> | <i>Closed-toe Shoes</i> |
|-------------------------------------------------------|---------------------------------------------------------------------------------------------------------|----------------------|------------------------|----------------------------|-------------------------|
| WNC Classroom: NURS 261 | | | | Casual Dress ok | |
| Renown L&D, PostPartum, NICU | X | Optional | X | | X |
| Renown Newborn Nursery | X | Sleeves above elbows | | | X |
| Lab Sessions | X | optional | X | | X |
| Any Outside Activity When Student is Representing WNC | Please consult instructor if unsure. Most of the time, Professional Attire and Name badge are required. | | | | |

Emergencies

Life happens. Please contact faculty regarding emergencies that may arise and will affect your participation in class activities. Students are advised to keep faculty well-informed if an emergency prevents the student from full participation in the course.

Exams

Once established it is difficult to rearrange material and exams. Please realize taking exams on schedule is the responsibility of the student. If necessary, see the instructor for special arrangements concerning unforeseen events. Exams will begin on time and end on time. Students who enter the testing room more than 10 minutes after the start of the exam will not be allowed to take the exam and will receive a "0" for the exam grade.

Late Assignment Submission Policy

Assignments submitted after the published due date will generally not be accepted. A grade of "0" will be entered for the late assignment, which may result in failure of the course. Exception to the policy could occur if the instructor of record grants a variance due to a documented emergency situation.

Net Etiquette

The class discussion board is not the place to post material such as jokes that may be considered offensive to some individuals. Please use your best judgment. Don't put anything on the course discussion board or e-mail that is not relevant to the course material and subject.

Personal Computers

Students may bring their laptops to class for class-related activities only. The course instructor reserves the right to limit/disallow student laptop use at any time during the class period.

PowerPoint Presentations

PowerPoint slide presentations will be posted on-line at least 1-hour prior to the assigned class time. As interesting as they are, the power point lecture notes merely provide an outline and are not a substitute for reading the assigned material or good note taking. Students should be aware that the lecture format will be a small part of the learning activities in this course. Students should not be surprised if the class time activities do not include every slide on the power point, as various methods will be used to communicate material.

Social Media Guidelines.

Social media sites/accounts used in a personal capacity:

Personal blogs and social media sites should have clear disclaimers that the views expressed by the author in the blog are the author's alone and do not necessarily represent the views of WNC.

Information published on a personal blog or social media site should comply with WNC's confidentiality, disclosure of proprietary data and FERPA policies. This also applies to comments posted on other blogs, forums and social networking sites. Do not reference or cite WNC faculty, staff, students, alumni or donors without their express consent. Contact Information and Marketing Services for consent when referencing WNC.

Respect copyright laws, and reference or cite sources appropriately.

Adhere to the WNC graphic identity guidelines. WNC logos may not be used without the consent of Information and Marketing Services. Refer to <https://www.wnc.edu/marketing/social-media-guidelines/> for full policy.

Tobacco Use Policy

WNC is continuing efforts to support a healthy and safe campus. Starting August 14th, 2017, WNC is officially a tobacco free campus. We are excited to be joining over 1700 tobacco free campuses across the United States. As of now, the use of tobacco and vapor products are prohibited on all WNC property, including inside buildings, and all outdoor areas. Tobacco and smoke free includes all tobacco products. SMOKING means inhaling, exhaling, burning, or carrying any liquid or heated cigar, cigarette, or pipe, or any other lighted or heated tobacco or plant product intended for inhalation, including hookahs and marijuana, whether natural or synthetic, in any manner or in any form. 'Smoking' also includes the use of an electronic smoking device which creates an aerosol or vapor, in any manner or in any form. Support and commitment from our students allow us to continue our efforts for a healthy campus. We thank you for your dedication to a tobacco free WNC.

For more information, please go to our website, www.wnc.edu/healthy-campus/
Nevada Tobacco Quitline: 1-800-QUITNOW or online at nevadatobaccoquitline.com

Withdrawal Policy

A full-term class meets for the entire sixteen week semester. Classes with different dates are considered short-term classes.

- The last day to drop a full-term class with a 100% refund is Friday, January 26. The last day to drop a full-term class with a "W" grade or switch credit/audit status is Friday, March 30, 2018.
- Short-term classes must be dropped prior to the start date of the class for 100% refund. Short-term classes have varying dates to drop without a refund, contact Admissions and Records for information.

Tips to Increase your Success as a Student Learner

- 1. Plan ahead** - Make sure you have read the course description and reviewed online course information that may be available in your Canvas class site area and from your instructor.
- 2. Things to do before the semester begins** – Update your email address, as needed. Understand the need for significant and ongoing access to a computer. The course utilizes Canvas and the Evolve website.
- 3. No later than the first day of class** - Read through the course syllabus, explore the course and email with any questions.
- 4. Create personal space** - Establish a private, personal space where you can shut the door, study, and work in a peaceful, focused manner.
- 5. Study schedule** - Create a study schedule and stick to it! Schedule specific time to read your textbook(s), when to read and respond to discussion board postings, complete clinical skills modules, engage in EAQ and when to collaborate with others in the class. Doing so will help you stay organized. Part of your success in this course depends on your time management skills.
- 6. Put in the time** - Plan on spending 2-3 hours' study time per week for EACH credit you are taking. Example: 2 credit course requires a minimum of 4-6 hours' study time outside of class.
- 7. Log into class frequently** - Logging on is often the only way to find out what is happening in the course and to stay informed of any last-minute changes. If you ignore this step to success, you will fall behind.
- 8. Participate** – This course requires participation in class activities, such as case studies, discussion board posts, emails, lab & clinical activities. Communication with your instructor and peers provides great insight into the subject you are studying. You learn by communicating, reading, and applying the content.
- 9. Be polite and respectful (netiquette)** - Abide by the Golden Rule and treat others how you would want to be treated. Be polite and respectful toward others, as you would in a traditional course. Use standard rules of English and use complete sentences. Never use profanity and be careful when using humor or sarcasm. Be respectful and use good judgment. Don't use ALL CAPS (it's considered shouting).
- 10. Speak up** - Don't be shy about asking questions that may relate to the class, especially if this is your first time taking a web-supplemented course. Many people are confused by new technology at first and your instructor will expect these kinds of questions. The only way an instructor can help you get to the assistance you need is if you discuss those problems with him/her. Other students may also be having the same difficulties, speaking up will enable the instructor to help others as well.

**Student Acknowledgement of the NURS 261/262 Syllabi
Spring 2018**

I, _____, a nursing student enrolled in “Nursing Care of the Woman, Newborn, and their Families from Conception through Neonatal stage” (NURS 261) theory and laboratory/clinical (NURS 262) during the Spring 2018 Semester acknowledge and accept the following:

- ☆ I have received a copy of each of the syllabi for the above-mentioned courses.

- ☆ I have read and carefully reviewed each syllabi, and I understand the responsibilities and duties that I, as a student, am called upon to fulfill.

- ☆ If I have any questions concerning this syllabus or any of the courses listed above, it is my responsibility to contact my instructor for clarification.

- ☆ I understand that I must also be familiar with, and adhere to, the current WNC Nursing Student Handbook which addresses the general responsibilities of students. The Nursing Student Handbook clarifies foundational issues related to professional conduct, dress code, grading policies, and other areas which will support my success in the WNC Nursing Program.

- ☆ I have retained a copy of this acknowledgement for my records and will submit a copy to my instructor for placement in my student file by the end of the first week of the current semester.

Signed,

Student Name

Date